



# TEAM FRONTIER

## THE ULTIMATE IN TEAM BUILDING



The **Special Forces** approach to team building is unique. It has proved over many years to be the most effective means of challenging and developing key skills within individuals, with the maximum collaborative advantage for teams in high pressure situations.



The inevitable team photo!

### Hostage Rescue

This is the ultimate expression of Special Forces teamwork. The possibility for a rescue team disaster is ever present, the confusion of smoke, explosions, tear gas and gunfire creating a highly volatile environment where 'blue on blue' incidents can happen all too easily. The training required to avoid such incidents and ensure success is complex and extensive.

**Team Frontier** has taken special forces hostage rescue training and adapted it for civilian team building purposes. The result is a totally involving and believable event that provides highly effective team building coupled with adrenalised action.

### Programme features

With introductions complete teams are issued with weapons and don the authentic black assault kit which they wear throughout the day.

Teams are first taught basic special forces weapons techniques. These include deliberate and instinctive shooting in semi-auto and auto modes with the Heckler & Koch MP5 sub-machine gun, the staple weapon of choice of most of the world's rescue teams. Quick draw pistol work is also learned, so each team member can draw and fire this back up weapon in a fraction of a second should the MP5 fail.

Stairs and corridors procedures are taught, and then the basics of room combat. Eventually the four man teams will have learned to work together efficiently while engaging static targets, and then clearing a series of rooms and floor levels.

### The Mission

Ultimately the teams are tasked with sorting a 'real' hostage situation. A terrorist group have taken hostages, are holding them in a building and are making demands and threats. Overseen and advised by the Team Frontier instructors the teams must formulate a plan for their rescue, then see it through to a successful conclusion. Helping them in this mission is a constant flow of 'intelligence'; details of the building, the hostages, the terrorists etc.





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**Once the plan is in place** it's time for the teams to go in – and this time they may encounter a little more resistance than static targets can offer! Could your team handle this sort of action? This is team building with a difference and not for the faint hearted. Based on SAS training, it illustrates perfectly that a team that works together thrives together. Or in this case survives together, just as in a serious and successful business environment.



**Everything is provided** for the event - black assault kit, weapons, radios, huge scenario area and buildings; training in communications, tactics and planning; ex-SAS instructors, hostages and terrorists, plus all the excitement and adrenaline you can handle! We even feed you. All you need bring is boots and an adventurous spirit! We guarantee it will change forever your whole outlook on team work.

## Typical Course Itinerary

0830	Light breakfast, welcome & initial briefing
0900	The group is introduced to the black assault kit
0930	The group is formed into four & five man teams that work together throughout the event
0945	Teams are introduced to the primary and secondary SAS anti terrorist weapons, H & K MP5 and Sig 9mm pistol
1000	Teams are trained in weapons usage, team assault tactics & radio communications
1230	Light lunch
1300	Terrorists take hostages and the Teams are charged with planning and staging a rescue mission. An Immediate or Emergency Action plan is put in place and updated constantly with a flow of intelligence. At the same time a Deliberate Action plan begins to be formed.
1400	Teams train in room combat and building assaults, combining all the elements required for a successful hostage rescue operation.
1530	Teams co-operate in a full hostage rescue against armed terrorists.
1630	Mission accomplished, teams are stood down.
1645	Debrief, course critique and conclusion
1700	Group departs



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## For the Hostage Rescue event Team Frontier provides

- Full SAS black assault kit & percussion helmet
- Belt kits and pistol rigs
- Semi-automatic pistols
- Semi & automatic HK MP5 sub machine guns
- Former SAS instructors
- Venue
- Catering
- Public Liability Insurance
- Event coordinators

All you need to provide is a pair of boots/trainers and a sense of adventure!

**The Team Frontier hostage rescue event** was featured on the BBC's 'Money Programme', entitled 'The Motivators'. It received high acclaim from the financial services company that took part.

## Course Booking Information

To discuss a Team Frontier event please contact us by telephone or email

Tel: 01235 768280  
Mobile: 07970 156624

Email: [sales@teamfrontier.co.uk](mailto:sales@teamfrontier.co.uk)

Web site: [www.teamfrontier.co.uk](http://www.teamfrontier.co.uk)

**A special two day event is also available: details on request**